



**H<sup>1893</sup>S S**

# **ILCA Winter Tour**



# HSS ILCA WINTER TOUR 2024-2025

The winter tour aims to provide sailors with the best opportunities to achieve their sailing goals while ensuring a memorable life experience.

Given that Finland's sailing season is quite short compared to countries with year-round sailing, it's clear that we must put in more effort to reach the top. Traveling abroad during the off-season is crucial for maintaining sailing skills and presents excellent opportunities for improvement. These dedicated weeks allow us to focus solely on sailing, fostering significant growth.

## Main events of the year

In the table below you will find the Main events of 2025. These are the events that we will be preparing for during the winter. Only the ILCA 6 Youth Europeans fits in the winter tour calendar. Information regarding the other events will be communicated later.

### TARGET EVENTS

EVENT	PLACE	From	To
ILCA 6 Youth Euro	Vilamoura, Portugal	12th April	19th April
ILCA 4 Youth Euro	Puck, Poland	18th June	25th June
ILCA 4 Youth World	Los Angeles, USA	19th July	26th July
ILCA 6 Youth World	Los Angeles, USA	28th July	4th August
ILCA U21 World	Dun Laoghaire, Ireland	22th August	29th August
ILCA U21 Euro	Split, Croatia	18th October	25th October

## About the winter tour

To make the most of our time abroad, we are contacting other countries teams and organising a team effort for the trainings. For example we are organising together with the British team for a few clinics. Besides having other sailors of similar level training together, this opens the chance to do races that develop the sailors.

Note that the content of the training camps might change depending on conditions and development needs of the group.

Lucas Swan will be coaching the HSS team in the winter tour clinics, with possibly more more coaches joining depending in the number of sailors.

---

## Clinics and regattas

### Christmas Trophy Fundacion Ingenio Regatta

- Focus: ILCA 4
- 16th to 22nd December, Murcia, Spain
- Training Camp: 16th to 18th December
  - Boat handling with a focus for the local conditions
  - Speed training
- Regatta: 19th to 22nd

This is the first regatta of the winter tour, located in a training venue where we have access to gym and other facilities. We can expect about 100 or more competitors of an average level, which is great for first international races. We should expect medium breeze with some chop conditions.

### Vilamoura Clinic I

- 27th Dec till 5th January, Vilamoura, Portugal
- Training Camp
  - Settings
  - Starts
  - Tactics and Fleet racing

Vilamoura at this time of the year is a good place for training. We expect to have strong winds and a lot of waves, so quite challenging conditions. In Vilamoura there will be other international teams training, which will create a good environment for developing our skills.

### Vilamoura Clinic II

- 16th till 22nd February, Vilamoura, Portugal
- Training Camp
  - Boat handling (Speed)
  - Starts
  - Local conditions

### Grand Prix Round 2

- Regatta for ILCA 6 and ILCA 7
  - 2nd to 9th March, Vilamoura, Portugal
-

- Training Camp 2nd to 5th
  - Starts
  - Tactics
  - Racing
- Regatta 6th to 9th

This event is about racing for the ILCA 6 and 7, at the venue of the one of the main objectives of the year. Because the ILCA 6 Youth Europeans will be held here, we can expect a large number of ILCA 6 sailors with a very challenging level of competition.

### **Izola Spring Cup ILCA 4**

- 2nd to 21st April, Izola, Slovenia
- Training Camp
  - Boat Speed
  - Local Conditions
  - Race Plan
- Regatta

The Izola Easter Regatta, is the best preparation regatta for the ILCA 4 before Youth Europeans in Puck, Poland. We expect to have around 120 or more other boats, which provides a good opportunity for the sailors to have more contact with big fleet racing before the main event in the season.

### **ILCA 6 YOUTH EUROPEANS**

- 16th to 26th April, Vilamoura, Portugal
- Training Camp
  - Venue conditions
  - Boat Speed
  - Race
- Regatta

This is the main event of the season for ILCA 6 sailors. It's located in Vilamoura where the sailors have been training during the winter. The competition will be tough and we can expect 200 or more boats from around the world. The conditions should be similar to the training camps, with a chance of lighter winds.

---

## Prices

The table below lists the prices that cover coaching in each event. Logistics, accommodation and travel are not included.

### ILCA WT

	Coaching Fee
Murcia Clinic and Regatta - 7 days	575,00 €
Vilamoura Clinic I - 10 days	790,00 €
Vilamoura Clinic II - 7 days	575,00 €
Vilamoura Grand Prix - 8 days	635,00 €
ILCA 6 Youth Europeans - 11 days	800,00 €
Izola Spring cup - 10 days	720,00 €

---