



Note: Windsurf Skipper's rights shall be granted before expecting the Techno Foil Skipper's rights.

Tick the boxes to track your progress: Windsurfer Coach

1. Theory

- Main sailing terms and rig/board parts (incl. foil parts)
- Additional safety equipment (Helmet etc.)
- Evaluation of the conditions (sea/wind direction/wind force) based on the foil practice

2. Technique

- Preparation of the equipment / rigging independently (incl. foil)
- Choosing sail size according to the conditions and tuning it accordingly (adapted to the foil practice)
- Full control of the fly
- Controlling the direction with the board angle

3. Safety

- Evaluate the risk of potential situation before going on the water (incl. foil)
- Total control in launching/arrival with strong wind conditions (incl. foil)
- Total control in carrying the equipment on land with strong wind conditions (incl. foil)
- Monitoring and reporting the condition of the equipment (before and after sailing)
- Taking pictures before and after use

4. Skipper's rights

The Foil Skipper's rights will be granted after an individual evaluation session with an HSS coach. The session will take place during the season according to the level of the windsurfer.

The evaluation will include the following:

Preparation

Launching

Sailing

Landing

I, _____
name and signature of Coach

hereby grant Techno Foil Skipper's rights to

name and signature of Skipper

In return I, _____ (name of Skipper) hereby declare that I fully understand and take seriously my responsibility as skipper.

Date and place: _____