



HSS Sailing Center season 2021 info package

# HSS SAILING CENTER 2021 INFO PACKAGE





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## Table of contents

<b>Table of contents</b>	<b>2</b>
<b>About HSS Sailing Center</b>	<b>4</b>
<b>How to become a member?</b>	<b>5</b>
<b>How to attend to coached training sessions</b>	<b>5</b>
<b>Beginners' courses</b>	<b>6</b>
<b>Coached training sessions</b>	<b>7</b>
General information	8
<b>Training Groups</b>	<b>9</b>
Light Green group	9
Dark Green group	11
Blue group	13
Red group	15
Coach introduction and contacts	16
<b>Sailing gear</b>	<b>17</b>
What to wear for sailing?	17
Shops	19
<b>Club work</b>	<b>20</b>
General information	20
Club work duties	21
1. Boat maintenance	21
2. Talkoo work	21
3. Commission work	21
Club work points	23
<b>Fees 2020</b>	<b>24</b>
HSS membership fees for the season 2020	24
Sailing Center training fees for the season 2020	24
Accepted payment methods in 2020	24
Notes	24
<b>Regular events &amp; schedule</b>	<b>26</b>
Current training schedule for the season 2020	26
Exceptions in regular events & schedules	26
<b>Racing events</b>	<b>27</b>
Wednesday race	27



# HSS Sailing Center season 2021 info package

Spring Cup and Autumn Cup	27
End of season -race	27
Boxing day regatta	27
<b>Fleet</b>	<b>28</b>
Laser 16	28
Elliott 6m	28
<b>Skipper rights</b>	<b>29</b>
FAQ	29
How to apply for skipper rights?	29
Requirements to get skipper rights	30
Skipper – responsibilities	30
Boat booking	31
<b>Communications</b>	<b>33</b>
<b>Contact us</b>	<b>35</b>



# HSS Sailing Center season 2021 info package

## **About HSS Sailing Center**

HSS Sailing Center is a committee under Helsingfors Segelsällskap -sailing club. HSS Sailing Center organises adults sailing courses, training, lectures, races and much more.

The sailing season starts in April with the first “talkoo” when all Laser 16 and Elliott 6m boats are fixed up for sailing. At the end of April, the first beginners’ weekend course will be organised and the first brave ones will be training on the water. The actual sailing season begins in May.

HSS Sailing Center offers two different classes of boats and four types of training tailored for all experience levels. There are plenty of learning opportunities for both beginners and experienced racers. The season continues till the end of October including different kinds of training sessions, races, parties, talkoos and so on. At the end of October, it’s time to lift the boats and start planning next season.

In the 2019 HSS Sailing Center had about 70 members. The core of HSS Sailing Center is the Sailing Center community which means our members – people who want and can make things happen together. Being part of the community means participating, learning, doing together and having fun – and of course sailing. Sailing Center works mainly on a voluntary basis so everyone’s input is important.

Sailing Center training fee is 600€. Your training fee covers access to our fleet and weekly training given by professional sailing instructors.

Learn more from the following pages!



## HSS Sailing Center season 2021 info package

### **How to become a member?**

[HSS Sailing Center entry form](#) can be found on our webpage:  
[HelsinkiSailing.com > Adult Sailing > HSS Sailing Center entry form](#)

(The application form includes questions about the applicant, his/her sailing experience, information about the HSS Sailing Club membership fee & the training fee and instalments)

### **How to attend to coached training sessions**

By filling in [HSS Sailing Center entry form 2021](#), you will also sign in to the coached training sessions.

Before you can attend to the coached training sessions, you need to pay an annual HSS Sailing Club membership fee and annual training fee.

Additional information on “Coached training sessions” and “FEES” -sections.

## Beginners' courses



In the Beginners' courses you learn the basics of sailing in good company.

- You do not need any previous sailing experience to join
- Every year we have multiple different nationalities represented, so feel comfortable joining in even if you don't speak a word in Finnish.

During the weekend we will focus on both sailing theory indoors and sailing basics on land in a simulator and in water as existing weather conditions allow. After the course, you have learned the basics of sailing and rigging of the boat. If you choose to join the Sailing Center you will then be ready to take part in our coached beginner training.

This course is held using our Laser 16 dinghies that are sailed with a crew of 3-4 persons. Crews are formed of the participants of the course.

<b>Participation fee:</b>	<b>Dates:</b>	<b>Schedule:</b>
Participation fee for a course is 300 €. (ask the discount code by email or phone).	<ol style="list-style-type: none"> <li>1. 23.-25.4.2021</li> <li>2. 7.-9.5.2021</li> <li>3. 21.-23.5.2021</li> <li>4. 28.-30.5.2021</li> <li>5. 18.-20.6.2021</li> <li>6. 2.-4.7.2021</li> <li>7. 9.-11.7.2021</li> <li>8. 13.-15.8.2021</li> <li>9. 27.-29.8.2021</li> </ol>	<ul style="list-style-type: none"> <li>- Friday 18:00 - 20:00</li> <li>- Saturday 09:00 - 16:30</li> <li>- Sunday 09:00 - 16:00</li> </ul>



# HSS Sailing Center season 2021 info package

## Coached training sessions

## How to join?



HSS Sailing Center  
beginner's course



Intermediate and  
experienced sailors



## Weekly training groups by experience levels



Green group  
Training regularly



Blue group  
Basics of racing



Red group  
Race group, goal in  
sailing league



## All groups sailing together



Saturday training, Wednesday race, other races



# HSS Sailing Center season 2021 info package

## General information

Sailing Center organizes approximately 19-21 weeks of coached training during a season. Each training group will have their own training during weekdays. Additionally, all groups are training together on Saturdays.

Each training has its own coach. [Coaches](#) introduced on our webpage at: [HelsinkiSailing.com > Adult sailing > Coached training sessions > "Coaches' contact information here"](#)

If you are not sure which group would be suitable for your level and interest: ask directly from the coaches, from Facebook Agora-group, or send an email to [sailingcenter@helsinkiSailing.com](mailto:sailingcenter@helsinkiSailing.com). We will find a group for you together!

<b>Participation fee:</b> Weekly training sessions are included in the training fee.	<b>Schedule:</b> <ul style="list-style-type: none"><li>- Weekday training sessions starts at <b>17.30</b> (Red &amp; Blue: boat rigged and crew ready to go sailing)</li><li>- Saturday training sessions start at<ul style="list-style-type: none"><li>- <b>11-13.30</b> all Green groups mixed training,</li><li>- <b>13.30-16.00</b> all Blue and red level sailors mixed training – everyone is welcome!</li></ul></li><li>- It is recommended to arrive <b>30-45</b> min before a coached training. Boats should be prepared before the start of the training session.</li><li>- During holiday season the schedule varies</li><li>- During Autumn coached training sessions start earlier due to darker evenings.</li></ul>
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## Note to all groups:

There must be a minimum number of sailors/teams/boats in a group that training is organised. So remember to sign up early enough.

## Training Groups

### Green group

*“For people with some (beginners course is enough) sailing experience and want to sail regularly and learn faster.”*



### Requisite and sailing experience needed

This group is for members with little sailing experience, for those who have not tried dinghy sailing before and for those who want to refresh their memory with the basics. If you have no previous sailing experience we highly recommend taking part in one of our beginner’s courses. After a beginner’s course, you know the very basics of sailing and you are ready to join this training group.

### You also need

- Ability to swim
- Minimum age: 15 years
- Own sailing gear and life vest, start to watch optional



# HSS Sailing Center season 2021 info package

## Level

This group is for members with little sailing experience, for those who have not tried dinghy sailing before and for those who want to refresh their memory with the basics. If you have no previous sailing experience we highly recommend taking part in one of our beginner's courses. After a beginner's course you know the very basics of sailing and you are ready to join this training group. However it is possible to start training in this group without previous sailing experience, but the recommendation for participating in the beginner's course is high.

## Coaches

Sailors per coach:

- 6-8 persons early season (2 boats per coach)
- 10-12 persons late season (3-4 boats per coach)

More info about coaches can be found [here](#).

## Wind limit for sailing

- 8 M/s full sails
- 10 M/s reefed sails

If there is too little or too much wind we will hold theory or boat maintenance -classes. Training is never cancelled because of wind conditions.

## Learning goals

- Parts of a boat
- Most important knots (eight, reef knot, bowline, round turn and two half hitches) and coiling a rope
- Knowing wind direction and wind speed
- Physics/meaning behind sails
- Rudder and keel functions
- Rigging the boat
- Launching a boat
- Sailing straight
- Accelerating, slowing down and stopping
- Tack and jibe
- Sailing in all wind directions
- Beating high enough towards the wind
- Sailing with a tiller extension
- Recognizing gust and wind shifts
- Basics of spinnaker sailing
- Leaving the shore and coming back (launching and docking) independently
- Basics of navigation and seamarks
- Basic maintenance of a boat
- Basic rules of the road
- Rounding the buoy (race course)
- Basics of sail setting



## HSS Sailing Center season 2021 info package

- Using telltales
- 360 degrees punishment rounding
- Race flags
- Boat trim and balance (weight placement)
- Introduction to roll tack
- Race sailing right-of-ways
- Introduction to fleet racing
- Race start (starting procedure, starting line etc.)
- Capsizing and recovering the boat (L16)
- MOB situation

### **Racing level**

Crewing or helming in Wednesday races

### **Next level**

Sailing Center Blue - group, with coaches recommendation

### **Training schedule:**

Weekday training sessions start at **17:30** for all groups (boat rigged and crew ready to go sailing). Beginners' groups (Green) start at 17:30, crew ready to go sailing, clothes changed etc, but no need to have boats rigged yet. Saturday training sessions start at **11.00** for Green groups. Training takes about 2,5—3 hours.

It's recommended to arrive 30—45 min before a coached training sessions. Boats should be prepared before the start of the training session and sailing clothes on.

During Autumns coached training sessions **start earlier** due to darker evenings.

You can see the schedule in calendar format under **[CALENDAR section»](#)**

## Blue group

*“The goal for sailors in the group is to learn the basics of racing and create own racing team → take part in HSS Spring and Autumn Cup’s.”*



## Requisite and sailing experience needed

This group is for sailors who master the Green learning goals (or such skills). In this group sailors concentrate on learning the basics of race sailing. Coached trainings take place once a week and teams may be fixed or changing - depending on sailors’ preferences. However, advisable is, that you consider building up your own team if you wish to progress in race sailing and aim for competitions during the season.

## You need

- Dark Green skills (skipper’s rights for Laser 16)
- Minimum age 15 years
- Own sailing gear, life vest and start a watch

## Coaches

Sailors per coach: 9-12 (3-4 boats).

More info about coaches can be found [here](#).



# HSS Sailing Center season 2021 info package

## Wind limit for sailing

- 8-10 M/s
- Skipper's responsibility to recognize their own limit If there is too little or too much wind we will hold theory or boat maintenance -classes. Training is never cancelled because of wind conditions.

## Learning goals

- Mastering roll tack
- Structure of a race
- Use of a start watch and understanding starting line
- Taking and mastering starts
- Accelerating and backing
- Understanding edges of a race course
- Mark roundings
- 720 degrees, punishment turn
- Race sailing rules more in-depth
- Sailing around race course (start, mark roundings, different types of courses)
- Weather: clouds etc
- Roles in boat + changing of positions
- Practising fleet racing
- Boat balance and hiking
- Improving spinnaker sailing skills
- Leaving the pier and docking at all wind directions without outside help

## Racing level

- Helming or crewing in Wednesday races
- Taking part in Spring Cup and Autumn Cup

## Next level

Sailing Center Red -group with coaches recommendation or invitation from a group member

## Training schedule

Weekday training sessions start at 17:30 for all groups (boat rigged and crew ready to go sailing).

Beginners' groups (Green) start at 17:30, crew ready to go sailing, clothes changed etc, but no need to have boats rigged yet. Saturday training: at 13.30-16:00 all Blue and red level sailors mixed training – everyone is welcome! Training takes about 2,5–3 hours.

It's recommended to arrive 30–45 min before a coached training sessions. Boats should be prepared before the start of the training session and sailing clothes on.



## HSS Sailing Center season 2021 info package

During Autumns coached training sessions **start earlier** due to darker evenings.

You can see the schedule in calendar format under **CALENDAR section»**

## Red group

*“The goal for sailors in Red group is to become a better racing sailor, be part of the team and represent HSS at Finnish Sailing League.”*



## Requisite and sailing experience needed

This group is for sailors with high ambitions in succeeding in race sailing. You are a race sailor with personal goals and you love to push yourself for better results. This group's main goal is to succeed in Finnish Sailing League and the best sailors have a chance to represent our club HSS in the Sailing League. Coached trainings are held once a week and teams. Roles are fixed/permanent after finding a suitable role and team for everyone. You can sign up for the group with a team or as a single crew member. Fixed/permanent teams and roles, will be decided after one month of practice to build the most functional teams.

## You need

- Blue -group skills (skipper's rights for Elliott)
- Minimum age 15 years
- Own sailing gear, life vest and start a watch

## Coaches

12-18 Sailors (4-6 boat) per one coach.

More info about coaches can be found [here](#).

## Wind limit for sailing

- 12-14 M/s
- Skipper's responsibility to recognize their own limit. If there is too little or too much wind we will hold theory or boat maintenance -classes. Training is never cancelled because of wind conditions.



## HSS Sailing Center season 2021 info package

### Learning goals

- Understanding Sailing League /concept
- Deepening the understanding and skills of tactical, technical and physical aspects of sailing and applying these in different circumstances in the best way possible
- Broadening the knowledge of sailing from a national point of view towards a more international point of view
- Excellent race sailing skills

### Racing level

- Helming or crewing in Wednesday races
- Taking part in Spring Cup and Autumn Cup
- The Club organizes separate qualifications (if necessary) two weeks prior to every Sailing League event and the winners of the qualification get to represent HSS in the actual Sailing League.

### Training schedule

Weekday training sessions start at 17:30 for all groups (boat rigged and crew ready to go sailing).

Beginners' groups (Green) start at 17:30, crew ready to go sailing, clothes changed etc, but no need to have boats rigged yet. Saturday training: at 13.30-16:00 all Blue and red level sailors mixed training – everyone is welcome! Training takes about 2,5–3 hours.

It's recommended to arrive 30–45 min before a coached training sessions. Boats should be prepared before the start of the training session and sailing clothes on.

During Autumns coached training sessions **start earlier** due to darker evenings. You can see the schedule in calendar format under **CALENDAR section»**

### Coach introduction and contacts

[Introduction & contacts of the coaches](#) can be found at our webpage:

[Helsinkisailing.com](#) > [Adult sailing](#) > [Coached training sessions](#) > “Coaches' contact information here”

You can always ask anything also from **HSS SC member agora** -Facebook group, or send an email to **[sailing\\_center@helsinkisailing.com](mailto:sailing_center@helsinkisailing.com)**.

## Sailing gear

### **What to wear for sailing?**

This is a short guide about sailing equipment for starting at the Sailing Center. All equipment is a compromise between warmth/dryness/comfort/cost/agility and our top sailors have varying preferences. It makes sense to start with affordable gear and branch after finding one's personal preferences.

For the beginner's course, special equipment is not needed.

### **Personal Flotation Device / Kelluntaliivi**

Every member of the sailing center should have their own lifejacket. Our training groups use non-inflatable PFDs "kelluntaliivit". They will provide flotation in the water, but will not turn an unconscious body upright. Select a PFD for your weight range and consider fitting what is comfortable for your body shape. A pocket is sometimes nice to have in the PFD.

### **Jacket**

Outdoor jackets are fine, sailing specific jackets/tops are not required.

### **Trousers**

Starting out with generic outdoor trousers is fine. Select trousers depending on (water) temperature and weather. Trousers should either be waterproof or dry really quickly.

Many of our more advanced sailors use waterproof long sailing trousers/salopettes from the likes of e.g. [Zhiik](#) / [Musto](#) / [Henry Lloyd](#) / [Helly Hansen](#). Their prices vary widely depending on model and shop. Keep an eye on our Facebook channel Agora to get info about season 2021 clothes.

A minority of our sailors prefers to use "long john" style wetsuit trousers, which also works well. The model should have a panel in the knees to protect against wear and tear from sailing.

Some of our sailors use soft knee pads.

### **Gloves**

There are sailing specific gloves but many of our sailors use cheap generic work gloves, depending on temperature.

e.g. <https://www.motonet.fi/fi/tuote/4012799/Wonder-Grip-Comfort-kasineet>

For beginning anything that has a good grip is ok.



## HSS Sailing Center season 2021 info package

### **Shoes**

Our sailors use a wide variety of shoes depending on weather and preference. We want typically something that either dries fast or is comfortable wet. This means something from sneakers to neoprene dinghy boots.

For beginning use any sturdy boot or sneaker is fine. Some of our sailors have also experimented with watertight socks.

Some also use short rubber boots, which may be very comfortable but limit agility.

### **Hat**

Depending on the weather you might want to use a hat. A typical choice is either a beanie "pipo" or a cap "lippalakki". Normal ones are good, but they should not fly away from your head!

### **Sunglasses & Sunscreen**

If it is sunny you will need these! Cheap ones are fine.

Using sunscreen on sunny days is a very good habit! Normal ones are fine.

### **More gear: Lock, Tape & Start Watch**

Our changing rooms have lockers for which you can use your own small paddle lock if you want to.

Someone in the boat should have electric tape (sähköteippi) for marking positions in ropes and avoiding chafe in various parts. Put a roll in your PFD pocket.

People more involved in racing will want a start watch. Currently, the most popular model is Optimum Time Series 3.

## Shops

There are roughly three kinds of shops for buying equipment:

Sailing stores like [Veneilijän Verkkokauppa](#), [Maritim](#), [Marinekauppa](#), etc. many of which are located near each other in Lauttasaari. They have a selection of sailing specific equipment and can help you with purchases. HSS members get a 15% discount from Maritim.

Generic outdoor stores can have surprisingly large selections of stuff and be cheaper. Potential stores are e.g. [Biltema](#), [Motonet](#), [Puuiilo](#), [Tokmanni](#), [XXL](#), [Scandinavian outdoor](#). They can be a source of cheap gloves, dinghy boots and PFDs.

Online stores have a wide selection of sailing equipment and can offer steep discounts. Shipping to Finland is typically 1-2 weeks from e.g.

- [Wetsuitoutlet.co.uk](http://Wetsuitoutlet.co.uk)
- [tridentuk.com](http://tridentuk.com)

Second-hand sailing gear you can find from the following Facebook groups:

- [Purjehdustori»](#)
- [Purjehdusvarusteiden kamapörssi»](#)

Come and visit also our flea market for second-hand sailing gear at HSS Sailing Center talkoos in April!



## Club work

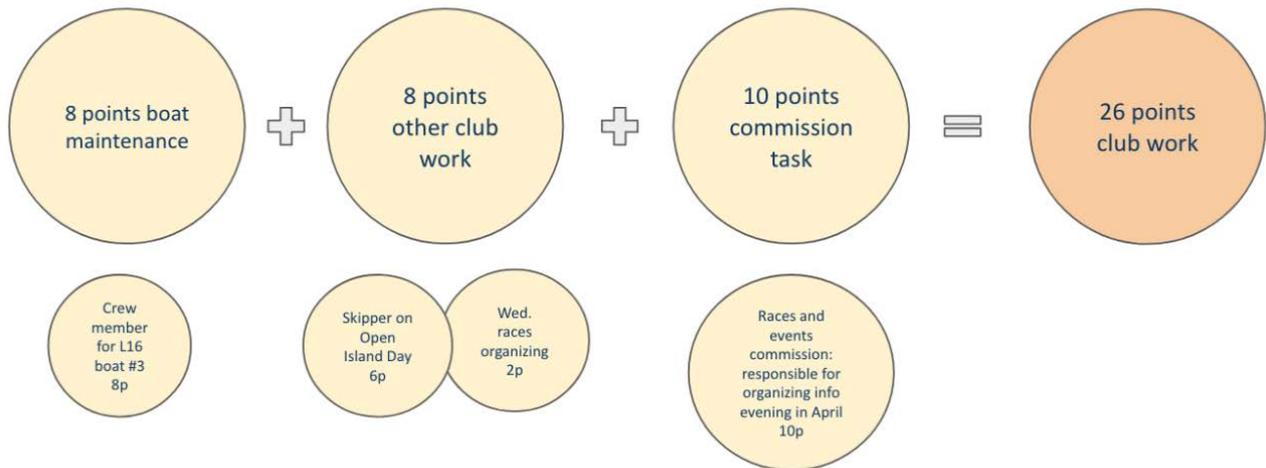


## **General information**

HSS is a sports club, not a commercial company. The club works mainly based on voluntary. Everyone's input is important and all the members must either participate in club work or pay club work fee. There are many things to do and even a small contribution is valuable! Club work is also a great way to get to know other sailors and find new sailor friends.

At HSS Sailing Center (adult sailing) every member must collect at least 8 points of boat maintenance, 8 points of talkoo work and choose one task (10 points) in some of our five commissions. Tasks are very different and everyone will, for sure, find an interesting task for him or her self. All commission tasks are counted as 10 points to keep this simple.

At the end of the season, all members should have collected 26 points of club work (8+8+10).  
Example of how to collect the points:



## Club work duties

### 1. Boat maintenance

All boat maintenance -talkoos (spring talkoos, minitalkoos, autumn talkoos) are worth 4 points per day.

- We organize
  - Two weekend spring talkoos in April
  - one training talkoo per month between May and September to support and train the maintenance crews.
  - Two weekend autumn talkoos in October

This year we are setting up “maintenance crews”. Each crew will be assigned a boat at the beginning of the season and will be responsible for its maintenance.

The crew will have a crew leader (CL) and several crew members (CM).

The CL should be the main contact point between a given crew/boat and the Maintenance Committee to report on what material is broken, equipment and tools that might need replacement, etc. and to report back to the crew on any issues relevant to them. The CL should also be able to keep the crew organized and active in the boat repair. The CL will receive 12 talkoo points per season.

The CM contributes actively to the upkeep of the boat that has been assigned to his crew. He is proactive and supports his crew with his work and by organizing tasks together with other crew members. The CM will receive 8 points per season.

Having a boat assigned for maintenance duty does not imply that the boat will always be for the use of the maintenance crew, however, it is expected that it will naturally happen.

## 2. Talkoo work

Talkoo work consists of five different kinds of things, which are valued as follows:

- Race organizer on a full-day event (Spring Cup, End of Season Race, Boxing Day Race etc.), 6 points per day
- Race organizer on Wednesday race, 2 points per evening
- Assistant skipper on beginners' courses, 8 points per course
- Skipper on Try Out Day, 6 points per day
- Head of one commission for one whole season, 14 points

## 3. Commission work

Every commission has a task list. Every member chooses one task from the list. Two persons can share one task and we are trying to have one new and one old member sharing each task.

Older members and Rosa, our Manager Coaching and Sail Training, will help new members so that everyone can manage their task. We have a lot of info and instructions from the past years, so there is no need to “reinvent the wheel” all though new ideas and updates are very welcome!

### Our five commissions and their responsibility areas are:



Contact infos from [here](#).

## 1. Training and courses

Do you love helping other people? Are you interested in adult education and learning? Are you a stellar organizer who can keep tabs on multilayered learning experiences? Are you good at connecting and



# HSS Sailing Center season 2021 info package

resolving problems arising from multiple perspectives? Do you have a background in education? Then Training and courses commission is a perfect match for you.

The tasks in this commission include (but are not limited to) organizing beginner's courses, responsible for recruiting coaches, making a season plan, contact persons for coaches, planning winter program, managing skipper's rights and maintaining boat booking -system.

## **2. Communications and marketing**

Communications and marketing team markets events and training courses. Tasks include:

- Search engine optimization which means writing webpage in a way that search engines find the HSS adult sailing content
- Create paid advertisements on Google and Facebook
- Take care that the content we provide in our webpage & social media accounts is relevant and accurate
- Writing marketing posts on Facebook and Instagram on a regular basis
- Other kinds of marketing such as contacting local newspapers or whatever you can think of. New ideas are always welcome!

The communications and marketing team consists of a head of the commission and team members. Head of our commission makes sure that all of these tasks are taken care of and attends to the Sailing Center committee meetings throughout the year. The head of commission communicates with manager coaching and sail training, the coaches and with other heads of commissions making sure information is flowing and available to all Sailing Center members.

## **3. Races and events**

This commission is responsible for organizing all events: info evening and welcome event for new members, Wednesday races and after sails, full-day regattas, parties and barbeques etc. If you like organizing events, this is a group for you!

## **4. Maintenance**

Maintenance commission is responsible for maintaining Sailing Center boats and technical boat fixing knowledge. This commission organizes all boat fixing talkoo days, maintains "to do" -list and boat report -system. They find professional boat fixers to repair bigger damages and take care of insurance cases.

## **5. Sponsors and corporate sailing**

The commission is raising money for Sailing Center to get better equipment (e.g. new sails) and keep the training fee at a current reasonable level. If you are interested in selling, keeping contact with current sponsors and creating marketing material this is a commission for you!

## **Club work points**

Club work points and commission tasks are followed and for those who do not do their part, the fee is higher.

Spending time in Liuskasaari and sailing with other members is by far one of the best ways to spend the summer in Helsinki. In the end, it's up to you how much you want to get involved. But be aware – sailing can be an addictive hobby and you may notice that you end up using the whole summer sailing and spending time with fellow sailors on the island and that 24 points of club work became suddenly 50 happy points!



## Fees 2021

### **HSS membership fees for the season 2021**

- **Adult** (age 26-64 years) 225 €
- **Young** (age 20-25 years) 105 €
- **Student** (not tied to age, required a valid student certificate, send to [hss@helsinkisailing.com](mailto:hss@helsinkisailing.com)) 105 €
- **Junior** (under 20 years) 65 €

Everyone training at HSS must be a member in some Finnish sailing club\*. Membership fee will be invoiced in February.

### **Sailing Center training fees for the season 2021**

In addition to the membership fee, each participant to coached training sessions is required to pay an annual training fee:

- **Earlybird** (entry form filled before 15.3.): 550 €
- **Normal price** (entry form filled after 15.3.): 600 €
- For sailors who are not members of HSS and for sailors training without voluntary work and talkoos the training fee is higher.

### **Accepted payment methods in 2021**

- Card/cash
- Invoice
- Smartum
  - Smartum-liikuntaseteteli/voucher
  - Smartum-mobile payment
  - Smartum-verkkomaksu/net payment
- Edenred
  - Virikeseteli/Virike voucher
  - Edenred card
  - MyEdenred mobile payment
- ePassi
  - ePassi mobile payment
  - ePassi net payment



## HSS Sailing Center season 2021 info package

### Notes

- **HSS Sailing Center entry form:** Please fill in the entry form every year even you would have been a member before. HSS Sailing Center Entry form 2021 can be found from section *Membership* at the top of the page.
- **Membership benefits:** With your personal membership card, you are entitled to membership benefits. The most important benefit is that you can take the Liuskasaari ferry for free. Other great benefits include discounts on food and drinks in Restaurant HSS Paviljong and Skiffer and use of the HSS islands of Andö (Inkoo) and Getören (Porvoo).
- **Smartum/Edenred/ePassi:** Payment only by visiting HSS office, open in the March on Wednesdays 12-18, from April every weekday 12-18. Only one ticket, card or mobile payment/invoice. For more information [hss@helsinkisailing.com](mailto:hss@helsinkisailing.com) or HSS office Kristina Lindqvist 09 633637
- **An invoice:** The HSS membership fee and training fee will be sent to you by e-mail. Everyone chooses the number of instalments (maksuerät) when filling up the HSS Sailing Center entry form. Max. three instalments, (price: 10 €/installment). The first instalment must be paid before joining any training/activity (lecture, weekly training, race or event). Members joining after 15.4. can pay in max. two instalments and members joining after 15.6. in one instalment.

\*HSS is a Sailing Club with several divisions focused on different sailing activities including junior sailing, adult sailing, and classics. Sailing Club members are covered with **Finnish Sailing and Boating association insurance** and that's why the membership of the club is obligatory.

## Regular events & schedule

### Current training schedule for the season 2021

- **Green, beginners' group:** Basics of sailing, preparation and maintenance of a boat, basics of racing. For the sailors who already have a little sailing experience and for the sailors who attended beginners' course or sailed already last season a bit. You can start also straight in this group without any previous experience, but we highly recommend participating in beginner's course first.
  - Group 1: starts in the middle of April, training Mondays
  - Group 2: starts in the middle of May, training Fridays
  - Group 3: starts at the beginning of June, training Thursdays
  - Group 4: starts at the beginning of July, training Tuesdays
- **Blue, intermediate group:** Basics of fleet racing, tactics, trimming and boat control in stronger winds.
  - Group 1: starts in the middle of April, training Tuesdays
  - Group 2: starts in the middle of April, training Thursdays
- **Red, racing group:** Advanced level fleet racing, more challenging manoeuvres, boat handling and rules tactics. Starting in the middle of April, training Mondays.
- **Saturday training:** at 11-13.30 all Green groups mixed training, at 13.30-16:00 all Blue and red level sailors mixed training – everyone is welcome!

### Note:

Participants should be ready to go and have the boats prepared when training starts, so please arrive well in advance. The changed schedule will be communicated separately.

## Racing events

At HSS Sailing Center you can practice racing in many ways.



### **Wednesday race**

The tradition of the Wednesday races started at HSS before the second world war! Races are open for all club members and for several boat classes, including L16 and Elliott 6m. Laser 16-boats are the most used ones. After the race, there's an after-sail on the island.

As there will be no coach to assist with the boats, you will need to have qualified skipper with skipper rights in the boat. Before being qualified to skipper your own boat, you are warmly welcome to join the Wednesday races as crew or joining the organizing team. Keep an eye on the [HSS SC member agora in Fb](#) for crew spots. Further sailing instructions at [HelsinkiSailing.com](http://HelsinkiSailing.com)



### **Spring Cup and Autumn Cup**

Spring Cup and Autumn Cup are fleet racing events sailed by Elliott boats. Spring Cup is organized in June and Autumn Cup in August. Both events are two days regattas and open for all HSS members as well as for teams from other clubs. There will be 3-6 races per day. Collect your team and join! [More info at HelsinkiSailing.com](http://More info at HelsinkiSailing.com)



### **End of season -race**

This regatta is organized middle of October and its great way to end the season. Sailors will compete in 4-6 races during one day. The regatta is sailed with Elliotts and fleet racing format. Its open for all HSS members and after the race you can join in the traditional crayfish party.

[Follow HSS Sailing Center on Facebook for more info.](#)



### **Boxing day regatta**

Last race of the season! This fun event is sailed every year after Christmas on 26th December. After spending a few days with family and friends is good to go out and see some sailor friends. The regatta is sailed with Laser 16 boats in match racing format.

[Follow HSS Sailing Center on Facebook for more info.](#)

## Fleet

At HSS Sailing Center you have an opportunity to sail with two different boat types:



### **Laser 16**

Club owns nine L16 boats. Five metres in length with a 2m beam, the gel-coated glass fibre dinghy first appeared in 1986 under the 'Laser Weeknd' tag which signalled the sort of family-and-friends market it was aimed at. A retractable 29.5kg metal centreboard makes a significant contribution to the overall 250kg hull weight and to the boat's feeling of solidity and stability. It has a sizeable watertight storage locker under the enclosed foredeck, accessible via a lifting hatch on the forward bulkhead. Buoyancy is built into the bow and enclosed side decks, while the cockpit is self-draining via holes in the full-height transom. Production of the Laser 16 ceased in the late 1990s but it is still very popular with families and can easily accommodate five adults. L16 have a jib, mainsail and spinnaker.



### **Elliott 6m**

The club owns six Elliott 6mr boats. The Elliott 6m is an Olympic-class keelboat, designed by New Zealander, Greg Elliott. It was selected for the women's match racing event for the 2012 Olympics. The Elliott 6m carries a spinnaker pole and symmetric spinnaker which is considered more suitable for match racing. 3-4 persons can sail Elliott boat.

## Skipper rights



### FAQ

"Skipper rights" means that you have the right to skipper a boat outside coached training sessions. You need to have skipper rights if you want to participate on races and regattas or just want to go sailing by yourself. You need to apply for the skipper rights for all the classes separately (Laser 16, Elliott). Normally members start with Laser 16 skipper rights, then move to Elliott skipper rights.

### How to apply for skipper rights?



To apply for the skipper rights you need to have your coaches recommendation or then show your skills on the special "practical examination" -event. If you do have a recommendation from the coach you can just fill up a [form](#) ([Helsinkisailing.com > Adult Sailing > Important links > Skipper rights](#)) . If you don't have a recommendation from the coach, but you think that you handle all the skills required for the skipper rights, you can apply for the practical examination by [another form](#) ([Helsinkisailing.com > Adult Sailing > Important links > Skipper rights, practical examination](#)).

After filling up a form you will get skipper rights or get an invitation for the practical examination. When you get skipper rights, you will get username and password for the [boat booking system](#) and you are able to book boats.

If you have any problem accessing the booking system, please, contact Training and Courses -commission.

## Requirements to get skipper rights

As a skipper, you have the responsibility for the safety of your crew and the boat which means that you need to have a certain level of experience for obtaining the rights. The skipper rights can be requested for all boat classes separately depending on your experience and interest.

Read here requirements to apply skipper rights for:

- [Laser 16 class»](#)
- [Elliott class»](#)

## Skipper – responsibilities

Every skipper is responsible for the boat and crew. That is a normal practice all over the world and in every boat. Skipper's responsibilities are to make sure that boat is in safe and good condition and he should know the basics of sea rules (meriteiden säännöt). At HSS Sailing Center skipper agrees following:

### Agreement and acceptance of terms

To get skipper rights (separately for each class) I commit on the following:

- I am an HSS SC member and have paid my membership fees. (Not required for visiting skippers or HSS juniors.)
- I am familiar with how to use the boats and acknowledge that as a Skipper I am expected to be at a level where I am able to sail with a crew of inexperienced sailors in the given boat type.

I hereby agree with HSS Sailing Center – Helsingfors Segelsällskap r.f. (hereafter “HSS SC”) on the following terms (hereafter "Agreement"):

- The Skipper agrees to look after the boat he or she is using on behalf of his or her own actions and his or her crews' actions and guarantees that the boat is being used in accordance with the applicable rules, regulations and orders issued by HSS SC.
- Insurance and damages:
  - HSS SC is responsible for insuring the boats. The insurance covers damages to the skippered boat and damages to third parties (property damages up to 255.000 EUR and personal damages up to 510.000 EUR). Damage is predominantly understood as damage to the boat or its togs that are the result of an accident. The liability does not extend to wear and tear that is the result of normal use.
  - The insurances include the following insurance deductibles (omavastuu):
    - Lasers and Elliots 420 EUR.
  - Liability for damage (including insurance deductible) depends on the time and place of the incident:

- If an incident happens during guided training, HSS shall be liable for the damage.
  - If an incident happens during beginners' course, Open Island Day/Try Out Day, corporate sailing or talkoo, HSS shall be liable for the damage.
  - If an incident happens outside guided training, e.g. during Wednesday races or when a Skipper has taken a boat at other times, the Skipper shall be liable for the damage.
  - If the insurance does not cover the damage, either a) the Skipper or b) HSS shall be liable for the whole damage (i.e. Skipper or HSS shall pay the costs related to the damage) depending on the time and place of the incident (see different alternatives above).
- The aforesaid division of liability based on the time and place of the incident shall not be applied to if the Skipper acted intentionally or in gross negligence or the skippered boat has been used contrary to the terms of this Agreement. In these cases, the Skipper shall always be liable for the caused damage.
- Skipper is required to fill [a boat report](#) ([Helsinkisailing.com > Adult Sailing > Important links > Boat report](#)) after each sailing session.
  - Assignment of rights and termination of the Agreement:
    - Skipper shall not assign the right to use a boat to a third party. Skipper may neither assign this Agreement as a whole or any parts of it to a third party without prior written consent from HSS SC. If the Skipper violates the terms of this Agreement HSS SC may immediately terminate the Skipper's rights hereunder. This Agreement does not automatically grant the Skipper the right to skip the selected boats and granting these rights is subject to HSS SC consideration and approval.

I hereby assure to have read this Agreement, HSS SC rules for boat usage, rules for permitted sailing areas, as well as all other HSS SC instructions, and to adhere to those terms, rules and instructions.

### **What if there happens damage while sailing?**

The damage process is explained at our [webpage](#): [Helsinkisailing.com > Adult Sailing > Skipper rights > What if there happens damage while sailing?](#)

### **Boat booking**

The boat booking system is used for all sailing outside the weekly coached training. After filling up a form you will get skipper rights in about two weeks, means that you will get username and password for the boat booking system ([Helsinkisailing.com > Adult Sailing > Important links > Boat booking](#)) and you are able to book boats. You will receive your username and password by email. You can access the booking system with your username and password. By having Skipper Rights to a boat, you can book a boat whenever you like through our booking system. For the weekly training enrollment, we use [Nimenhuuto](#) ([Helsinkisailing.com > Adult Sailing > Important links > Nimenhuuto](#)) instead of boat booking. Every time you go out sailing outside coached practice you need to use the boat booking system.



## HSS Sailing Center season 2021 info package

### Accessing the Booking System

If you have any problem accessing the booking system, please contact Aila at [aila.leppikangas@gmail.com](mailto:aila.leppikangas@gmail.com), using "HSS Booking System Access" as the subject matter of your mail, and she will be happy to assist you! If it is your first time accessing the system, then you can access with the following credentials:

Username: The e-mail address you provided us

Password: told in the email you received

### Booking a Boat

Remember that you should **always** use the boat booking system when booking a boat outside coached training sessions. To access the boat booking system, you need skipper rights.

### Filling Out a Boat Report After Sailing

It is very important to fill out a boat report after every time you go out sailing, no matter if it is coached training or sailing on your own. One report per boat is filled out and if there is any damage or missing parts, please add them to the report. Find the link to [boat report](#) from: [HelsinkiSailing.com](https://HelsinkiSailing.com) > [Adult sailing](#) > [Important links](#) > [Boat report](#)

We hope you make use of the boats and enjoy the rest of the summer sailing!

## Communications

### THE MOST IMPORTANT SIGNAL FLAGS AT HSS SAILING CENTER



To stay tuned and on top of all things happening at the island, please, make sure you get all messages. It's easy by following a few steps:

### **1. Join Facebook group called *HSS SC member agora***

[HSS SC member agora](#) is the official communication channel for all Sailing Center members. Official notices and open discussion between sailors happens there! We know that not everyone is on Facebook, but we highly recommend creating a sailor account just for that. It is a pity if you miss all the important information!

### **2. Nimenhuuto for training groups and coaches**

In Nimenhuuto sailors sign up for every training session. That helps our coaches to plan every training and exercises. You can download Nimenhuuto application or use it by your browser. You will get an invitation by email after you fill up an HSS Sailing Center entry form. If you don't get an invitation in two weeks after filling the entry form on our page, please, check junk mail and contact our Manager Coaching and Sail Training. Contacts can be found [here»](#) ([Helsinkisailing.com](#) > [Adult sailing](#) > [Contact](#))

### **3. Join Crew Finder WhatsApp group**

A group for all Sailing Center members to find sailing company outside the training sessions. You can join the group by clicking a link which you can find in the email you will receive in a week after signing up.



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### **4. Join WhatsApp group for commissions**

Every commission (Races and events, Training and courses etc) have own WhatsApp -group for discussion between sailors. You can join your own group by clicking a link which you can find in the email you will receive in a week after signing up.

### **5. HSS Newsletter**

All club members (juniors, boat owners, windsurfers) will get newsletter about once or twice a month by email. As you are now a member of the club all events mentioned there are open for you as well!

### **6. Follow Sailing Center and share your sailing moments on social media:**

- [Facebook page»](#)
- [Instagram: @hss\\_sailingcenter](#)



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## **Contact us**

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### **HSS Sailing Center board**

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### **HSS Sailing Center Committees**

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#### **Financial**

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#### **Maintenance and fleet investments:**

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#### **Sponsors and corporate sailing**

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#### **Training and courses**

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#### **Web**

[www.helsinkisailing.com/aikuispurjehdus](http://www.helsinkisailing.com/aikuispurjehdus)



Facebook group “HSS SC member agora”